



Access English Centre
Immigrant Centre Manitoba
Multi-level: Warm-up Activity



Cheers!
15 minutes

Objective/Goal:

This warm-up activity gives participants the opportunity to share stories about themselves. This activity is recommended on the last day of conversation classes.

Materials:

Participants need:

- A pitcher of punch, juice, or water
- enough glasses for each participant

Facilitator needs:

- Whiteboard
- Whiteboard markers

Procedure:

Before the Activity:

- 1) **Write:** "**Cheers!**" on the whiteboard.
- 2) First, have the participants **face** the whiteboard.
- 3) **Explain** to the participants that each person will tell the whole group his/her best, positive story.
- 4) **Brainstorm** together positive stories and write their ideas on the whiteboard:
Examples: 1) I aced my exam....
2) I won a door prize of \$200....
3) My baby started walking....
4) My mother is coming to visit me.....etc.
- 5) **Instruct** the participants to sit around a table. Give each person a glass and pour punch, juice, or water in each glass.
- 6) **Instruct** the participants if they like what they hear after each story, they are to click their glasses with each other and say "Cheers!"- **explain** to them it is a word said to express good wishes or goodwill ("a toast")
- 7) **Demonstrate.**