



**Access English Centre
Immigrant Centre Manitoba
Activity Plan - High Beginner
Daily Conversation Skills 7 -
Feelings and Emotions
"Are You Happy Today?"**



90 minutes

Objective/Goal:

This is a fun activity for participants to do so that they will learn how to express their own feelings and describe others' feelings and facial expressions. The purpose of this activity plan is for them to practice some basic daily conversational skills. The key frame sentences are **"How are you feeling today? I feel very happy today."** **"How is your wife feeling today?"** **"She is not feeling good."**

Materials:

Participants need: a worksheet of feelings and expressions, flash cards, and matching game sheet.

Facilitator needs:

- whiteboard
- whiteboard markers

Procedure: Warm-up 15 min
Work-out 60 min
Cool-down 15 min

Procedure:

Introduce commonly used facial and emotional vocabulary which are used to describe a person's facial expressions and emotions. On the whiteboard write: **"How are you feeling today? Are you happy today?"** **"How is Fahmida feeling today? She looks very sad."**

1. Warm-up Activity First, pre-teach or review the following words and then lead the group to read aloud with you a few times. Encourage the participants to name as many commonly-used words on feelings and emotions as they can.

Encourage the participants to use the words to describe how they are feeling today. Ask them why they feel that way.

- (1) bored (2) angry (3) sad (4) mad (5) worried (6) confused
(7) surprised (8) sleepy (9) silly (10) tired (11) embarrassed**

2. Work-out Activity: Before you begin the following activities, lead the whole group in reading the dialogues aloud a few times and make sure participants understand that they are going to make sentences by using frame sentences "**How are you feeling today? You look ____.**" "**I am ____.**"

For example:

Dialogue #1:

A: How are you feeling today? You look very sad.

B: I am sad. My son is sick today. How about you?

A: I am feeling very tired. I worked overtime last night.

Dialogue #2:

A: How are you doing? You look bored.

B: I am bored.

A: Why are you bored?

B: The class is too easy for me.

Activity 1: Pair work: After practising the dialogue a few times, ask the participants to work with their partners to practice how to describe a person's feelings or emotions by using the words and the frame sentences.

Activity 2: Pair work: Distribute the worksheet and pair the participants. Give each pair a set of flash cards and have them ask each other questions on the worksheet.

Activity 3. Group work. Divide the group into groups of three. Give each group a set of flash cards on feelings and emotions, and ask the participants to pick up a card from the pile and make a sentence by using the word.

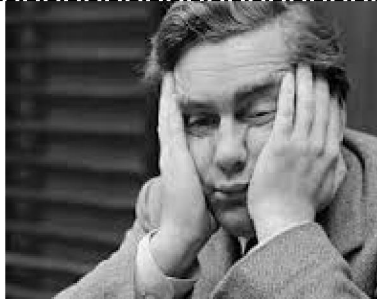
3. Cool-Down Activity: Review the words and sentence structures with the whole group and play the memory game on feelings and emotions. Then play the BINGO game.

Activity: BINGO GAME

Worksheet - Facial Expressions Cards



happy



bored



silly



worried



Angry



Sad



sleepy



tired



mad



embarrassed



confused

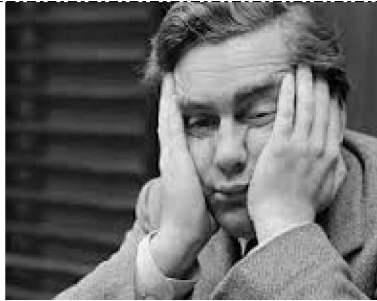


surprised

Worksheet 1 - Ask your partner "Are you ____? Yes. I am. / No. I am not."



happy



bored



silly



worried



Angry



Sad



sleepy



tired



mad



embarrassed



confused



surprised

BINGO Game Caller's Card



happy



bored



silly



worried



Angry



Sad



sleepy



tired



mad



embarrassed



confused



surprised

BINGO GAME Player's Card #1



bored



Worried



Sad



Tired



Embarrassed



Surprised

BINGO Game Player's Card #2

happy

bored



Angry

Sad



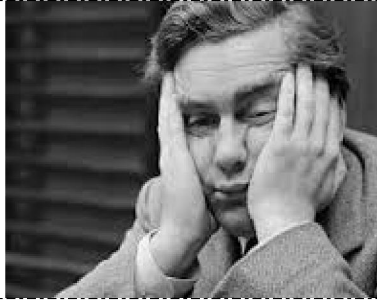
tired



confused

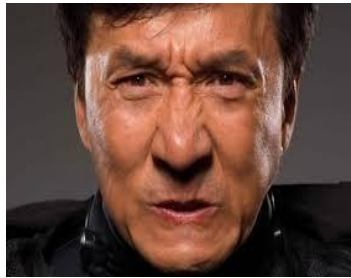
surprised

BINGO Game - Player's Card #3



silly

worried



sleepy

tired

mad

embarrassed



BINGO Game Player's Card #4

happy

bored

silly



sleepy

tired

mad

