



Access English Centre
Immigrant Centre Manitoba
Advanced Level: Warm-up Activity
My Favourite Recipe
15 minutes



Objective/Goal:

Gives the opportunity for participants to introduce and share their favourite food recipe with their peers.

Materials:

Participants need:

- their own food recipe

Facilitator needs:

- magnetic whiteboard
- whiteboard markers

Procedure: (Warm-up)

Before the Activity:

- 1) Inform the participants to bring a paper copy of their favourite food recipe to class.

Activity Instructions:

- 2) **Gather** the participants together.
- 3) **Instruct** the participants that they will talk about their favourite recipes.
- 4) **Go over** the different types of recipes:
 - Soups
 - Salads
 - Desserts
 - Main Dishes
 - Appetizers
- 5) **Brainstorm/Ask** the participants what kinds of questions can they pose to each other about their favourite recipes.
- 6) Example: What kind of recipe did you bring?
Why is this recipe your favourite?
Is it easy to make/cook/bake?
Where can I find the ingredients?...etc.
- 7) Participants will be **grouped by** the same type of recipes.



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Ex. All the participants with "dessert" recipes will grouped together. All participants with "main dishes" will sit together., etc.

- 8) **Divide** the whole group accordingly into teams of 3 or 4.
- 9) Participants will be **talk about** their favourite recipes using the brainstormed questions or their own questions.
- 10) If there is time, have a **whole group discussion**.

Extension Activity:

- *An Extension activity is an alternative or extra activity that can be done to supplement an activity when there is extra time. It can also be done in the next class as a review of previous vocabulary or conversation.*

PART A: If there is time, have a person from each group or team visit another small group and share their recipe. Continue the same procedure with each team member visiting other groups for a recipe discussion.