



Access English Centre
Immigrant Centre Manitoba
Multi-level: Warm-up or Cool-Down Activity
NAME GAME
15 minutes



Objective/Goal:

This activity can be adapted to any level. It's a fun way to learn each participant's name, as well as, the facilitator's name. It builds a sense of belonging. It can be used as an **icebreaker** or an "end of the day" activity.

Materials:

Participants need:
- none

Facilitator needs:

Optional-whiteboard & markers

Procedure:

1. Everyone **stands** around and forms a large circle.
 2. The facilitator begins by **explaining** the activity:
 - 1) The goal of this activity is to **know** each other's names by listening, watching, and doing. **Say** your name and then an action (ex. snapping your fingers, tapping your foot, nodding your head, or any dance move [(advanced level), etc.]
 - 2) Each person is to **repeat** the previous participants' names and their actions. They **build** on each name/action. It is like chain reaction (one after another).
- Ex. **Facilitator:** Says "Ms.Ko"-snaps her fingers
Participant A repeats: Says "Ms. Ko"-snaps his fingers
then says his name /action-Participant A: "Walter" – taps his foot
Participant B:Repeats the sequence: Says"Ms. Ko"-snaps her fingers, says "Walter"-taps her foot", then Participant B"Shan Shan"-claps her hands
Participant C: Repeats the whole sequence: Says "Ms. Ko"-snaps his fingers, says "Walter"-taps his foot", then says "Shan Shan"-claps his hands, and then Participant C says,"Lucas"- nods
Repeat with the next participant, etc.



Access English Centre
Immigrant Centre Manitoba
Multi-level: Warm-up or Cool-Down Activity



NAME GAME

15 minutes

- 3) **Demonstrate.**
- 4) After everyone does the activity, recap. **Say** and **do** all the actions again together as a group.
- 5) **Do** this activity a couple of times until the participants "catch-on".

|