



Access English Centre
Immigrant Centre Manitoba
Multi-level: Warm-up Activity
Personal Story
15 minutes



Objective/Goal:

This icebreaker activity is a fun way to get to know one another.

Materials:

Participants need:

- different lengths of string, ribbon, or yarn

Facilitator needs:

-none

Procedure:

Introduction:

The facilitator will explain the activity.

1. Take a piece of string and wrap it around your finger as you are talking. When you run out of string, you are finished talking about yourself.
2. Demonstrate.
Ex. Hi, my name is Margaret. I work at Immigrant Centre. I am an EAL Coordinating Teacher who teaches the "Workplace Entry Program". I enjoy teaching my students. When I am not teaching, I like to exercise. My favourite exercise is taking Zumba classes...etc. (By the end of the story, the string is fully wrapped around my finger.)

Activity:

1. Give each participant a piece of string (*all strings should be of different lengths*). Ask for a volunteer to go first. He/she will speak about himself/herself in front of the class.
2. Each participant takes a turn to tell his/her story.