Access English Centre
Immigrant Centre Manitoba
"Two Truths and a Lie"
Warm-up Activity
(Adapted from: Lantern Fish)
15-20 minutes

Intermediate / Advanced Level

Warm-up:

Materials: Participants need: none

Facilitator needs: Whiteboard / a flip chart, whiteboard markers if you want to write clients' two truths and a lie.

Procedure:

5 min.

Introduce the Activity: This is a funny and humorous activity which can be used as an energizer to warm up the group and to have fun as well. Tell the group that each person will introduce him- or herself by stating two truths about their life and one lie. The rest of the participants will guess which statement is the lie.

15-20 min.

- 1) Explain to the clients that this activity is to introduce themselves in a funny way by telling two truths and one lie about themselves.
- 2) Demonstrate the activity by telling the group two truths and one lie about yourself such as "My name is Paul. I have been teaching English for 25 years. I have four children."
- 3) Have one student to start the game, then the rest of the group will follow.

Suggestion:

- a. You can also use this activity as a recap on the topics that you discussed last week.
- b. You can also use this activity as an introduction to a new topic.