



Access English Centre
Immigrant Centre Manitoba
High Beginner Level Activity Plan
Visiting a Doctor



90 minutes

Objective/Goal:

The purpose of the activity is to get the participants to practice communication about visiting a doctor and speaking in English. This is a fairly simple **role -play** intended for High Beginner level groups. (It can be adapted for Beginner or Intermediate levels) While practicing the role-play, one participant - **the patient** will **visit** a doctor, **describe his sickness**, get **a prescription**, and **get some advice**. Another participant - the **doctor** will listen to his **patient's symptoms**, ask a few questions, then **prescribe medicines**, and **give some advice**.

Materials:

Participants need: Participants need patient's cards (**1-6**) and doctor's cards (**A-E**).

Facilitator needs:

- whiteboard
- whiteboard markers

Procedure: **Warm-up 15 min**
Work-out 60 min
Cool-down 15 min

Warm-up Activity: Write the following words on the whiteboard:

1. have a fever
2. have a rash
3. have a cold
4. have a sore throat
5. have diarrhea
6. Your back hurts

Introduce and lead the group to read out aloud the new words - the common sicknesses, and symptoms when initiating small talk with the clients. Ask the group

- a. "Were you sick last Tuesday, Lydia?"
- b. "Did you have a cold last week?"
- c. "What did you do with it?"
- d. "Did you see a doctor?"
- e. "What did your doctor say?"

Wait for the participants to answer your questions. Write down the new words if there are any, then introduce the topic of the day.

On the whiteboard, write the following dialogue: Visiting a Doctor



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Doctor: "How are you today?"

Mary: Not good. I have a sore throat. I have had it for the last two days.

Doctor: Did you take any medicine?

Mary: No. I didn't take any medicine.

Doctor: I'll prescribe some medicine and some natural remedies for you to take.

Mary: What should I do?

Doctor: You should drink lemon tea and have a good rest.

Work-out Activity : Before you begin, lead the whole group by reading the dialogue aloud for a few times and making sure that they understand the instructions.

Activity 1: Pair work - After practising the dialogue a few times, ask the participants to work with their partners to practice the sample dialogue together twice through role play: doctor (Cards A-E) and patient (Cards 1-6).

Activity 2: Give each participant a set of flash cards - patient's cards and doctor's cards. Ask the participants to read the instructions out aloud. Call on one participant to model the activity by role playing one set of cards.

When the participants are clear on the activity, ask them to work in pairs to make their own dialogues.

Activity3: Gather the whole group together and call on a few pairs to demonstrate their dialogues to the whole group as a wrap up activity.

Extra Activity: Encourage a few participants to come to the front to share their personal stories on their first doctor visit in Winnipeg.

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Patient's Card

<p>1</p> <p>Sickness: You have a fever. Duration: You have had it for 2 days. Medication: You didn't take any medication. <i>(What do you tell the doctor?)</i></p>	
<p>2</p> <p>Sickness: You have a rash on your left arm. Duration: You have had it for one day. Medication: You did not put anything on it. <i>(What do you tell the doctor?)</i></p>	
<p>3</p> <p>Sickness: You have a cold. Duration: You have had it for two days. Medication: You took some Tylenol . <i>(What do you tell your doctor?)</i></p>	

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<p>4</p> <p>Sickness: You have a sore throat. Duration: You have had it for two days. Medication: You did not take any medicine.</p> <p><i>(What do you tell the doctor?)</i></p>	
<p>5</p> <p>Sickness: You have diarrhea. Duration: You have had it for two days. Medication: You have taken some pills that you bought at the drugstore, but they did not help.</p> <p><i>(What do you tell the doctor?)</i></p>	
<p>6</p> <p>Ailment: Your back hurts. Duration: You have had it for two days. Medication: None.</p> <p><i>(What do you tell your doctor?)</i></p>	 <p><small>Photo Credit: guardian.co.uk</small></p>

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Doctor's Card

<p>A Sickness: diarrhea Prescribe: drink the medicine two times a day. Extra Advice: You should... (a) drink plenty of fluids. (b) avoid foods containing milk. (What do you tell your patient?)</p>	
<p>B Sickness: Backache Prescribe: go to a physiotherapist or have a massage Extra Advice: You should.. (a) exercise every day (b) lose weight (What do you tell your patient?)</p>	
<p>C Sickness: rash Prescribe: an ointment. Apply four times a day. Extra Advice: You should..(a) stop scratching your skin (b) use mild soap when taking a bath (What do you tell your patient?)</p>	

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<p>D Sickness: Sore throat Prescribe: Natural remedy: honey, ginger root, and lemon Extra Advice: You should: (1) drink lots of liquids like water, juice and soup (2) get a lot of rest and don't talk too much. <i>(What do you tell your patient?)</i></p>	
<p>E Sickness: Fever Prescribe: Take Advil 3 times a day Extra Advice: You should.. (a) rest (b) drink lemon tea. <i>(What do you tell your patient?)</i></p>	
<p>F Sickness: Colds Prescribe: Take Tylenol 3 times a day Extra Advice: You should.. (a) rest (b) eat some chicken noodle soup <i>(What do you tell your patient?)</i></p>	



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