



**Access English Centre  
Immigrant Centre Manitoba  
Activity Plan - Beginner Level  
Visiting the Doctor  
90 minutes**



**Objective/Goal:**

The purpose of this activity is to get the participants to practice the communication skills needed when visiting a doctor. Through simple role-play, one participant will be the patient who will visit a doctor, describe his sickness, get a prescription, and get some advice. Another participant will be the doctor who will listen to his patient's symptoms, ask a few questions, then prescribe medicines and give some advice.

**Materials:**

**Participants need:** Participants need patient's cards (1-6) and doctor's cards (A-E).

**Facilitator needs:**

- whiteboard
- whiteboard markers

Procedure: **Warm-up 15 min**  
**Work-out 60 min**  
**Cool-down 15 min**

**Warm-up Activity:** Write the following words on the whiteboard:

1. a fever
2. a rash
3. a cold
4. a sore throat
5. diarrhea
6. a backache

Introduce the new words and lead the group to read them aloud. Define the common sicknesses and their symptoms. Write the following dialogue on the white board and have the group to read aloud with you a few times.

**Shanshan: "How are you today, Lydia?"      Lydia: "I am not feeling good."**

**Shanshan: "What is the matter with you?"      Lydia: "I have a backache."**

**Shanshan. " I am sorry to hear that."**

Wait for the participants to answer your questions. Write down the new words if there are any, then introduce the topic of the day.

**On the whiteboard, write the following dialogue: Visiting the Doctor**

**Doctor:** "How are you today?"

**Mary:** "Not good. I have a sore throat."

**Doctor:** "Did you take any medicine?"

**Mary:** "No. I didn't take any medicine."

**Doctor:** "I'll prescribe some medicine for you."

**Mary:** "What do I do?"

**Doctor:** "You drink lemon tea and have a good rest."

**Work-out Activity:** Before you begin, lead the whole group by reading the dialogue aloud for a few times and making sure that they understand the instructions.

**Activity 1:** Pair work - After practising the dialogue a few times, ask the participants to work with their partner to practice the sample dialogue together twice through role play: doctor (Cards A-E) and patient (Cards 1-6).

**Activity 2:** Give each participant a set of flash cards - patient's cards and doctor's cards. Ask the participants to read the instructions aloud. Call on one participant to model the activity by role playing one set of cards.

When the participants are clear on the activity, ask them to work in pairs to make their own dialogues.

**Activity3:** Gather the whole group together and call on a few pairs to demonstrate their dialogues to the whole group as a wrap up activity.

**Extra Activity:**

Encourage a few participants to come to the front to share their personal stories on their first doctor visit in Winnipeg.

## Patient's Card

<p>1</p> <p>I have a fever.</p>	
<p>2</p> <p>I have a rash on my left arm.</p>	
<p>3</p> <p>I have a cold.</p>	

4

I have a sore throat.



5

I have diarrhea.



6

I have a backache.



## Doctor's Card

<p><b>A</b></p> <p>drink the medicine two times a day.</p>	 <p>The image shows a box of Walgreens Anti-Diarrheal Loperamide HCl Caplets. The box is white with a blue and yellow design. It features the Walgreens logo at the top left, the product name 'ANTI-DIARRHEAL' in large bold letters, and 'Loperamide HCl' below it. A yellow banner at the top right says 'Compare to Imodium® A-D active ingredient**'. The box also states 'Controls the Symptoms of Diarrhea', 'Easy to Swallow', and '12 CAPLETS*'. A small image of a caplet is shown on the right side of the box.</p>
<p><b>B</b></p> <p>exercise every day</p>	 <p>The image shows a man and a woman exercising at a gym. The man is in the foreground, wearing a light blue t-shirt, and is performing a bicep curl with a dumbbell. The woman is in the background, wearing a pink top, and is also exercising on a machine.</p>
<p><b>C</b></p> <p>use mild soap when taking a bath</p>	 <p>The image shows a woman with dark curly hair and glasses, wearing a blue shirt. She is scratching her left arm with her right hand, indicating an itchy skin condition.</p>

**D**

**drink lots of liquids like water,  
juice and soup.**



**E**

**drink lemon tea.**



**F**

**eat some chicken noodle  
soup.**

