



Immigrant Centre

Adult EAL Volunteer Workshops – Spring 2026

SOME SESSIONS ARE HELD ONLINE USING **ZOOM** PLATFORM, OTHERS **IN PERSON**.

CHANGES WILL BE ANNOUNCED VIA EMAIL PROVIDED IN REGISTRATION.

[Click Here for Registration](#)

- 1. Conversation Circles for Adult EAL Learners (Online)**
Thursday, May 7: 5:00 p.m. to 8:00 p.m.
Repeats on (pick one)
Saturday, May 9: 1:00 pm to 4:00 pm

Gail Foote Leylek has taught English in Africa, Turkey, and in the **English at Work Program at St. Boniface Hospital**: This workshop will provide motivating ideas and activities to be used in online or onsite classrooms settings while supporting English learning. The ideas provided could be adapted to address various levels of English learners while creating a supportive atmosphere.

- 2. Effective Tools for Online Adult EAL Classes (Online)**
Saturday, May 9: 9:00 a.m. to 12:00 p.m.
Repeats on (pick one)
Wednesday, May 13: 6:00 p.m. to 9:00 p.m.

Aditi Sarker, BA, MA Ed., EAL Teacher, and Tutor; and **Gisèle Shirliff, BA, CTESL, EAL Facilitator:**
Are you one of those who think that it is not possible/effective to facilitate English classes online to low-benchmark adult students? This workshop will prove the opposite. We will explore a wide spectrum of tools to help you make the online learning more effective and targeted. The session will focus on specific online-based techniques that meet the needs of adult EAL learners, particularly CLB 1 to 3, while using tools from Zoom that effectively enhance your class facilitations.

- 3. Managing Stress in an Adult EAL Learners (In person)**
Wednesday May 27: 5:00 p.m. to 8:00 p.m.
Repeats on (pick one)
Saturday May 30: 9:00 a.m. to 12:00 p.m.

Adey Mohamed: Mental Health and Vicarious Trauma Facilitator at Resilia Community Wellness Centre in Winnipeg and **Margaret Tuimising: Newcomer Mental Health Resilia Community Wellness Centre** in Winnipeg
in Winnipeg:
This workshop will give teachers and volunteers of the field some tools to navigate and manage EAL-adult learners' stress, especially from students facing trauma (i.e., war). Sessions are also open to settlement-support teams who work closely with this target.

- 4. Building Vocabulary for Listening and Speaking in an Adult EAL Classroom (In Person)**
Wednesday June 3: 5:30 p.m. to 8:30 p.m.
Repeats on (pick one)
Saturday, June 6: 9:00 a.m. to 12:00 p.m.

Aditi Sarker, EAL Teacher, and Tutor; and **Gisèle Shirliff, BA, CTESL, EAL Facilitator:**
We will discuss how to structure and deliver activities that build new vocabulary to practice speaking and listening skills. We will look at theory and practical applications (techniques and resources) for relevant and interesting conversation groups at different levels.

- 5. Diversity in an Adult EAL Classroom (Online)**
Wednesday, June 10: 6:00 p.m. to 9:00 p.m.
Repeats on (pick one)
Saturday, June 13: 9:00 a.m. to 12:00 p.m.

Joan Birrell-Bertrand, EAL Instruction and Assessment Specialist:
Over the years, idiosyncrasies in Adult EAL classrooms have changed as new students with broader diverse background have settled in Manitoba. As this grows, teachers and volunteers face new challenges. This workshop will help you to be aware of and identify these differences, as well as to develop tools to respond -respectfully- to such a diverse group of students.

Funded by:

Financé par :



Immigration, Refugees and Citizenship Canada

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